

Linda Wes

Supervisor for coaches and other practitioners

If you guide others, you are the instrument. Supervision is where you maintain that instrument: a free, confidential space to reflect on your work, your clients — and above all on yourself within that work.

Everything belongs on the table in supervision: your client and their context, your interventions, the relationship between you and your client, the wider system you both work in — and you, as the instrument in all of it. What happens between us during supervision is material too: it often mirrors what happens between you and your client. In this way, all seven eyes of Hawkins' model come into view — from your client and your interventions to the parallel process and the surrounding system.

My particular focus is the coach as a person, not only the coach as a coach. I make patterns visible that you carry with you — often without noticing — from your family of origin. Perhaps you take over responsibility too quickly, keep too much distance, or step into the role of rescuer. These patterns are not wrong; they are invisible. Once you can see them, you have a choice. My style is empathically confronting: direct, and with compassion.

I supervise coaches working on their development or their accreditation, as well as other professionals whose working relationship is their instrument: therapists, doctors, consultants and executives. Supervision hours with me count towards your credential renewal with the ICF (International Coaching Federation).

I have been coaching since 2011, with more than 2,400 hours of experience across more than 550 clients, most of them senior professionals. I am accredited by EMCC Global (European Mentoring and Coaching Council) at Senior Practitioner level, and by the ICF. I am training as a supervisor with Beckett McInroy — a programme accredited by EMCC, ICF and the Association for Coaching — and I am working towards the ESIA (European Supervision Individual Accreditation), EMCC Global's individual accreditation for supervisors. I also hold an INSEAD Executive Master in Change and an MBA (Master of Business Administration). What I ask of my supervisees, I do myself: I work under supervision, and I keep learning.

Sessions take place online or at Carnegielaan 6 in The Hague, in English or Dutch. We always start with an introductory conversation, free of charge.